



K9Chiro Quickies

with Dr. Eileen Haworth DC

May 2010

Your dog's rear end

The rear legs and pelvis act like pistons for your dog. They push the spine and front end forward. As the rear legs move, the spine, in a wave like motion, pushes the front legs and front end forward. Sixty per cent of the weight is borne by the hind end. The front end carries forty percent of the weight. The rear end has its work cut out for it, having to bear more weight and still drive the front end forward. To help the rear end push, the rear end needs to be strong. Wild dogs have naturally strong hip flexors (psoas muscles) to help them spring onto prey. We assume that our pet dogs, when they were still wild, also had strong psoas muscles. That is how they survived. Since the hind end still bears most of the weight, our dogs still need strong hind ends.

Running your dog up hill, or up the stairs are simple ways to strengthen your dog's hind.



If you see that one side of the rear end is higher than the other, when your dog stands on a flat surface, your dog may need a chiropractic adjustment. If one rear leg takes a shorter stride than the other rear leg, your dog may need a chiropractic adjustment.

Chocolate Toxicity

Chocolate is toxic to dogs. Enough chocolate can kill your dog.

I thought you might like to know the approximate amount of chocolate that is toxic to dogs. Remember! The table on page 2 simply approximates the amount- nothing is set in stone. Just keep your dogs away from the chocolates; that is the best idea.

Did you know?

You can find urine on the carpet with a black light? If you smell urine use a black light to locate it, if you can't see it. Then clean the spot and apply an odor removal product.



Of course, it's better to have a completely house broken dog. But, who of us is completely perfect?



Chocolate Toxicity Table

Dog's Weight (lbs)	Milk chocolate (oz)	Chocolate chips (oz)	Unsweetened (oz)
5	4	1.5	0.5
10	8	3	1.5
20	16	6.5	2.5
30	28	9.5	3.2
40	40	13.3	4.5
50	48	16.6	5.5
60	60	20	6.7
75	76	25.2	8.5

Chiropractic Care, by Veterinary referral, is available at the following animal hospitals.
Out of the area? Please contact K9Chiro@usa.net or 310-451-8045 for a referral

Starting May 17, 2010 at Noreda Animal Hospital

Dr Sindy Habib, DVM, and Dr. Frank Marcos, DVM.
Welcome:

- Dr. Eileen L. Haworth, D.C chiropractor
- Dr Gael Parks, Acp. acupuncturist

on Monday afternoons. You can't find a better team to treat your pet

call 818-886-1216 for an appointment

Noreda Animal Hospital
8918 Reseda Bl
Northridge, CA 91324



Best Friends Animal Hospital has both Chiropractic and Acupuncture available for your pet on Tuesday afternoons. Call 818-766-2140 for an appointment.

